**Rise & Shine Breakfast Menu**

Please select any combination of the menu choices listed below.

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**Choice of Juices**

Orange, Apple, Prune or Cranberry

**\*\*\*\*\*\***

**Breakfast Cereals**

Creamy Homemade Organic Porridge served with Honey or Jam

Weetabix / Cornflakes/ Crunchy Nut Flakes/ Bran Flakes/All Bran

**\*\*\*\*\*\***

**Hot Food Selection**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
| Bacon & Tomatoes | Eggs any way you choose | Sausages & Fried Mushrooms  | Sausages & Black/White Pudding | Bacon & Fried Mushrooms | Eggs any way you choose | Sausages & Black/White Pudding |

*These combinations may vary from time to time*

*Boiled/Fried/Scrambled/Poached Eggs are available every day on request*

**\*\*\*\*\*\***

Toast Brown/White, Soda Bread, Home Made Scones

Fresh Fruit & Prunes Available

Tea/Coffee