

COCO SENSORY ROOM EQUIPMENT USES

When using the room as a sensory room please close the blinds. Open slightly if the resident is finding the experience overwhelming. If the resident is overwhelmed turn-off all the items except the glow table and introduce each item separately, as many residents will not have experienced these types of sensory stimulation previously.

- **The Speaker Glitter tube**, turn on at the wall, it has the button at the front to activate. To connect the phone, turn on Bluetooth on a phone, and connect to PL1606X, then open the app Youtube Music and select calming music tracks. The Speaker Glitter Tube is gentle, and the music helps with the ambience of the room and may help to calm a resident. The music should always be soothing, note bird song and water is NOT always soothing.
- **The Infuser** needs to be plugged in and turned on. Open the top half and using the small white jug, pour water and give three drops of essential oil, replace lid. Then using remote control turn on and select the speed and light. (The Infuser is to activate the senses of Smell, which for many residents smell is active and they can have great comfort from gentle scents of essential oils. Some of the more floral scents will remind them of the garden, Summer, and happy times)
- The **Light Bubble Tube**, turn on at the wall, the speed is on the cable box, adjust down as needed as some residents find it too stimulating. Use the remote control for the color and color change.
- The **Star Projector**, turn on/off on the wall, the switch for the projector is at the front, push in to turn on. At the back you can change the projection from Milkyway to Stars.
- The **Weighted Blanket** is for residents to put over them and make them feel secure and safe. Some residents will appreciate this.
- The **Glow Table** is to give ambient light to the room, it can be used in conjunction with the other items' however it seems to be more appreciated if it is a gentle, warm glow (yellow or orange...blues and greens) (Senses: Sight)
- **Fiber Optic Lamp** - A soothing solution for bedtime routines. This lamp emits a calming color changing glows through a pyramid of crystals. It's perfect for helping drift into a peaceful sleep.
- **Sensory Blankets** located in the large cupboard can be used.
- **Memory Foam Footstool** - Use for residents' feet. This provides a soft sensory soothing movement.
- **Vibrating Blue Square Cushion** - This plushly covered vibrating cushion is stuffed with micro beads to offer great comfort and support by moulding itself to your body to help soothe away any niggling aches or pain.

